# BEFORE YOU GO, KNOW WHERE TO GO AND WHEN -

## How to make the best choice.



## WELLNESS CENTER

Services offered at no additional cost

#### When to visit:

- Monday-Thursday, 7am 6pm
- Friday, 7am 5pm
- Convenience of care in Avon, Brownsburg, Danville, and Plainfield

#### Services and Symptoms:

- Comprehensive annual physicals that include health risk assessments
- Adult Immunizations
- Colds, cough, or flu
- Ear infection
- \*Chronic illness management (Diabetes, Hypertension, High Cholesterol)
- \*Nausea or diarrhea
- Rash, skin condition or pink eye
- Women's wellness visits
- Urinary tract infection
- Sexual health testing
- \*Referrals (Radiology, Specialties, etc.)
- \*Care navigation (Mental Health)
- \*Pharmacy services that include a formulary of medications
- Lab formulary services
- \*Wellness program opportunities
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

## **IMMEDIATE CARE CENTER**

Deductibles and copays may apply

#### When to visit:

- Evening, weekend, and holiday hours available
- Convenience of care in Avon, Brownsburg, and Plainfield
- No appointment necessary

#### **After-Hours Symptoms:**

- Colds, cough, or flu
- Nausea or diarrhea
- Ear infection
- Treatment of minor allergic reactions or attacks
- Dizziness or dehydration
- Urinary tract infection
- Minor burns, cuts, lacerations, or bites
- Broken bone
- Rash, skin condition or pink eye
- Migraine headache
- Minor pain, sprains, or swelling, but still able to move or walk

### **EMERGENCY DEPARTMENT**

Deductibles and copays may apply

#### When to visit:

- Acute, traumatic medical needs
- No appointment necessary

#### **After-Hours Symptoms:**

- Persistent chest pain
- High fever or fever in an infant
- Stroke or heart attack symptoms
- Serious head injury or eye injury
- Accidental ingestion of foreign substance or object
- Severe pain, swelling or immobility in joint or muscle
- Joint or body part is immobile or appears misshapen
- Trouble breathing
- Excessive bleeding or cuts that require stitches
- Seizure
- Sudden, severe headache
- Severe allergic reaction or attack
- Accident
- Trauma

\* Some appointments can be completed virtually through MyChart. Please call (317) 838-WELL(9355) if you are interested in a virtual visit.

#### Hendricks.org/WellnessCenters or call (317) 838-WELL (9355)

## Hendricks Regional Health Employer Wellness Centers A QUICK GUIDE: Locations, Hours & Contact Information

